

Emergency Stop

Avoiding

- Concentration
- Planning - MSPSL
- Anticipation
- Correct speed

Quick Reactions

- No mirrors

Braking

- Firm progressive braking
- Avoid skidding
- ABS

Steering

- Both hands firmly on wheel
 - May pull under harsh braking – especially if wet
- Only steer if absolutely necessary

Clutch

- Press down just before stopping
 - Use maximum engine braking

Secure car

- Handbrake
- Neutral
- Release pedals

Moving Off

- Observation
 - ALL 8 points
 - Could be in middle of road

When NOT to do Emergency Stop

- Missed junction
- See friends
- Rabbits/Pheasants etc...
 - Dangerous to other road users

In Event of a Skid

- See Over